



# Gambino's Pizza Nutritional Value

Pizza Serving size = 1 Slice

	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>Large Original Crust      1 Slice = 1/10 pizza</b>											
Cheese	260	60	7	3.5	0	15	420	36	1	2	12
Beef	280	70	8	4	0	15	610	37	2	3	15
Pork Sausage	300	90	10	4.5	0	20	630	37	2	3	15
Italian Sausage	320	100	12	5	0	25	620	37	2	2	15
Sliced Italian Sausage	330	110	12	5	0	30	690	37	2	2	16
Pepperoni	280	80	9	4.5	0	20	510	36	1	2	13
Mobster	370	130	15	7	0	30	920	39	2	3	20
Deluxe	310	90	10	4.5	0	20	690	38	2	3	16
Hawaiian Pie	280	60	7	3.5	0	15	570	39	2	5	15
Meatball Pie	430	160	21	11	0	70	840	39	2	3	20
Taco	320	90	9	5	0	10	790	42	3	4	17
Veggie Cravers	270	70	8	3.5	0	15	490	38	2	3	13
Pepperoni Cravers	320	100	12	6	0	25	600	36	1	2	16
Meat Cravers	350	130	14	6	0	30	880	38	2	3	18
Sausage Cravers	360	130	15	6	0	30	830	38	2	3	18
German Pie	300	80	9	4	0	20	790	38	2	3	16
Capone	310	90	11	5	0	20	810	38	2	3	15
Polynesian	290	80	8	5	0	15	560	39	2	5	15
Bacon Cheeseburger	300	90	10	6	0	15	670	37	2	3	16
BBQ Chicken Pizza	270	70	8	4.5	0	15	510	35	1	2	15
BBQ Roast Beef	260	70	7	4.5	0	15	460	35	1	2	14
Chicken Teriyaki	300	80	8	5	0	20	1080	40	1	5	17
Classic Italian	310	110	12	6	0	20	810	36	2	2	15
Buffalo Wing Pizza	320	120	13	6	0	25	690	37	1	3	16
Chicken Bacon Ranch	350	140	16	6	0	25	680	36	1	2	16
Chicken Alfredo	350	140	16	6	0	20	650	36	1	2	16
Southwest Chicken Alfredo	320	110	12	7	0	35	680	36	1	2	17
Garden Alfredo	300	110	12	7	0	25	470	36	2	2	13
Meaty Alfredo	350	140	16	8	0	35	640	36	1	2	15
Cinnamon Streusel	320	40	8	2	0	0	300	55	2	14	7
Dutch Apple Dessert	370	40	8	2	0	0	330	66	2	22	7
Very Cherry Dessert	360	40	8	2	0	0	310	65	2	22	7
Bavarian Cream Dessert	490	110	16	5	5	5	390	77	2	32	8
Cheese Stick Pizza (1/28th)	100	30	3.5	2	0	5	140	12	0	<1	5
Italian Cheese Stick Pizza (1/28th)	110	45	5	2	0	0	220	13	0	1	5
<b>Large Thin Crust      1 Slice = 1/10 pizza</b>											
Cheese	140	60	7	3.5	0	15	290	13	<1	<1	8
Beef	170	70	8	4	0	15	490	14	1	1	11
Pork Sausage	190	80	10	4.5	0	20	510	14	1	1	11
Italian Sausage	210	110	13	8	0	25	480	14	1	1	11
Sliced Italian Sausage	230	110	13	8	0	30	540	15	1	1	12
Pepperoni	170	80	9	4.5	0	20	390	13	<1	<1	9
Mobster	270	140	16	9	0	30	780	16	2	2	16
Deluxe	190	80	10	4.5	0	20	570	15	1	2	12
Hawaiian Pie	170	60	7	3.5	0	15	440	16	1	4	11
Meatball Pie	330	170	22	14	0	70	700	17	2	1	16
Taco	220	90	10	8	0	10	640	20	2	3	13
Veggie Cravers	150	60	7	3.5	0	15	360	14	1	2	9


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Pepperoni Cravers	200	100	12	6	0	25	480	13	<1	<1	12
Meat Cravers	250	130	15	9	0	30	740	15	1	2	14
Sausage Cravers	240	120	14	6	0	30	710	15	1	2	14
German Pie	190	80	9	4	0	20	660	15	1	2	12
Capone	190	90	10	5	0	20	690	14	1	2	11
Polynesian	190	80	9	8	0	15	420	17	1	4	11
Bacon Cheeseburger	190	90	10	6	0	15	550	14	1	1	12
BBQ Chicken Pizza	170	70	8	7	0	15	360	13	0	<1	12
BBQ Roast Beef	160	70	8	7	0	15	320	13	0	0	10
Chicken Teriyaki	180	70	8	5	0	20	980	16	<1	4	13
Classic Italian	210	110	12	9	0	20	660	14	1	0	10
Buffalo Wing Pizza	200	110	12	6	0	25	560	14	<1	1	12
Chicken Bacon Ranch	250	140	17	9	0	20	500	13	0	<1	12
Chicken Alfredo	240	120	15	11	0	40	500	13	<1	<1	13
Southwest Chicken Alfredo	210	110	12	7	0	35	580	13	<1	0	13
Garden Alfredo	200	110	13	10	0	25	320	14	1	<1	9
Meaty Alfredo	230	140	15	8	0	35	520	13	<1	0	11
Cinnamon Streusel	220	45	9	4.5	1	0	150	33	1	12	3
Dutch Apple Dessert	260	45	9	4.5	1	0	180	44	1	21	3
Very Cherry Dessert	260	45	9	4.5	1	0	160	43	1	21	3
Bavarian Cream Dessert	390	120	17	8	2	5	240	55	1	31	4
Cheese Stick Pizza (1/28th)	60	35	3.5	2.5	0	<5	90	4	0	0	3
Italian Cheese Stick Pizza (1/28th)	80	50	5	3	0	<5	170	5	0	0	3
<b>Large PAN Crust 1 Slice = 1/10 pizza</b>											
Cheese	280	120	14	8	0	35	460	26	2	2	11
Beef	310	140	16	8	0	35	710	28	2	3	14
Pork Sausage	320	150	17	9	0	40	680	28	2	3	14
Italian Sausage	330	170	19	9	0	40	670	27	2	2	14
Sliced Italian Sausage	340	170	20	10	0	50	730	27	2	2	15
Pepperoni	300	140	17	9	0	40	560	26	2	2	12
Mobster	390	190	22	11	0	50	970	29	2	3	19
Deluxe	320	150	18	9	0	40	740	28	2	3	14
Hawaiian Pie	300	130	15	8	0	40	590	28	2	4	13
Meatball Pie	390	160	22	11	0	70	840	30	2	3	19
Taco	330	150	17	10	0	30	830	32	3	4	16
Veggie Cravers	290	130	15	8	0	35	530	28	2	3	12
Pepperoni Cravers	340	170	19	10	0	45	650	27	2	2	15
Meat Cravers	370	190	21	10	0	50	930	28	2	3	17
Sausage Cravers	370	190	22	10	0	50	880	28	2	3	17
German Pie	330	150	17	9	0	45	860	28	2	3	15
Capone	330	160	18	9	0	40	870	28	2	3	14
Polynesian	310	140	16	9	0	30	610	30	2	5	14
Bacon Cheeseburger	330	160	18	10	0	35	760	28	2	3	15
BBQ Chicken Pizza	290	130	15	9	0	35	550	26	1	2	14
BBQ Roast Beef	280	130	15	9	0	35	510	25	1	2	13
Chicken Teriyaki	320	140	16	9	0	40	1130	29	1	5	16
Classic Italian	320	170	19	10	0	35	860	27	2	1	13
Buffalo Wing Pizza	340	180	20	10	0	45	710	27	1	3	15
Chicken Bacon Ranch	370	210	23	11	0	40	690	26	1	2	15

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Chicken Alfredo	350	190	21	12	0	55	700	26	1	2	16
Southwest Chicken Alfredo	340	180	20	12	0	55	730	26	1	2	16
Garden Alfredo	320	170	19	11	0	45	520	27	2	2	12
Meaty Alfredo	370	210	23	13	0	50	690	26	2	2	14
Cinnamon Streusel	340	100	16	6	1	20	340	46	2	13	6
Dutch Apple Dessert	380	100	16	6	1	20	370	57	2	22	6
Very Cherry Dessert	380	100	16	6	1	20	350	56	2	22	6
Bavarian Cream Dessert	500	180	24	9	2	25	430	67	2	32	6
Cheese Stick Pizza (1/28th)	100	50	6	3.5	0	10	160	9	0	0	4
Italian Cheese Stick Pizza (1/28th)	120	70	8	3.5	0	10	240	9	0	0	4
<b>Medium Original Crust 1 Slice = 1/8 pizza</b>											
Cheese	220	45	5	2.5	0	10	340	34	1	2	10
Beef	250	60	6	3	0	10	480	35	1	2	12
Pork Sausage	260	70	7	3	0	15	500	35	1	2	12
Italian Sausage	270	80	9	3.5	0	15	500	36	1	2	12
Sliced Italian Sausage	290	90	10	4	0	25	590	36	1	2	14
Pepperoni	250	60	7	3.5	0	15	430	34	1	2	11
Mobster	330	110	12	5	0	25	770	37	2	3	17
Deluxe	260	70	8	3.5	0	15	560	35	2	3	13
Hawaiian Pie	250	50	6	2.5	0	10	450	36	1	4	12
Meatball Pie	370	130	18	9	0	60	720	37	2	2	17
Taco	270	60	7	4	0	10	630	38	2	3	14
Veggie Cravers	240	50	6	2.5	0	10	410	35	2	3	10
Pepperoni Cravers	280	90	10	4.5	0	20	520	34	1	2	13
Meat Cravers	310	100	11	4.5	0	20	720	37	2	3	15
Sausage Cravers	290	90	11	4.5	0	25	630	35	2	2	14
German Pie	260	60	7	3	0	15	650	36	2	3	13
Capone	260	70	8	3.5	0	15	660	35	2	2	12
Polynesian	280	80	8	4	0	15	530	38	2	4	13
Bacon Cheeseburger	260	70	8	4	0	10	540	35	1	2	13
BBQ Chicken Pizza	270	50	5	3	0	15	700	44	1	8	13
BBQ Roast Beef	240	50	6	3.5	0	15	410	35	1	2	12
Chicken Teriyaki	260	60	6	3.5	0	15	590	37	1	5	14
Classic Italian	270	80	9	4.5	0	15	640	35	1	2	12
Buffalo Wing Pizza	270	90	10	4	0	20	580	35	1	2	14
Chicken Bacon Ranch	300	110	12	4.5	0	20	580	34	<1	2	14
Chicken Alfredo	290	100	11	6	0	30	590	34	1	2	15
Southwest Chicken Alfredo	280	90	9	6	0	30	620	34	1	2	14
Garden Alfredo	270	80	9	5	0	20	400	36	2	2	11
Meaty Alfredo	290	110	12	6	0	25	510	34	1	2	12
Cinnamon Streusel	300	40	7	1.5	0	0	270	52	2	12	7
Dutch Apple Dessert	340	40	7	1.5	1	0	300	62	2	20	7
Very Cherry Dessert	340	40	7	1.5	1	0	280	61	2	20	7
Bavarian Cream Dessert	450	110	15	4.5	2	5	360	72	2	29	7
Cheese Stick Pizza (1/24th)	80	25	2.5	1	0	5	110	11	0	0	4
Italian Cheese Stick Pizza (1/24th)	90	35	3.5	1.5	0	0	170	12	0	0	4

